

Who is the Washington County Caregiver Coalition?

Our dedicated members include:

ADRC of Washington County
ATI Physical Therapy
Aurora at Home / Aurora Health
Avina of Milwaukee
BrightStar of West Bend
By Your Side Care Management
By Your Side Services
Care Patrol of Sheboygan
and Surrounding Counties
Cedar Community
Ideal Senior Living Solutions
Interfaith Caregivers of
Washington County
Right at Home
Sharon S Richardson
Community Hospice
St. Croix Hospice
The Insurance Nurse
The Threshold Inc.
Thrivent Financial
TMG
Traditions Senior Care

The mission of the Washington County Caregiver Coalition is to support and strengthen caregivers through advocacy, education and community resources.

2026 Sponsors



Washington County Caregiver Day of Renewal

Wednesday,
November 4, 2026
9:30 am - 3:00 pm
Cedar Valley
Retreat Center
5349 County Road D
West Bend

**Thank you to our
generous sponsors!**

Caregiving = Hard Work

Family caregivers frequently give... their time, their strength, their energy, their ALL. Caregivers must find time to take care of themselves and their own health to be effective caregivers to those they love. The Washington County Caregiver Coalition wants to give our community caregivers a break from caregiving by offering them a Day of Renewal.

What is a Day of Renewal?

Caregiver Day of Renewal is a day designed especially for our Washington County family caregivers to receive the spoils they deserve. Let us provide you with a chance to relax without the stress and pressure of caregiving for a few hours. We will provide activities for men and women in a beautiful and relaxing environment. Our hope is that after spending time at our Renewal Day, caregivers can return to their busy lives feeling refreshed and rejuvenated.



Events of the Day

The day is structured to allow caregivers to participate in activities based upon their own interests and desires.

Caregivers can take part in a number of different activities including chair massages, reflexology, meditation with reiki, mini-facials, mini-manicures, and pet therapy. You can even paint rocks or give wood burning a try. Caregivers can enjoy the beautiful scenery at Cedar Valley by walking their trails (weather permitting) or by sitting in a comfortable chair and watching wildlife from the indoors. A delicious lunch will be available to caregivers between 12:00 pm-1:00 pm.

Our closing presentation is yet to be determined, but it is guaranteed to be inspiring and geared towards your needs and experiences as a caregiver.

The day will end with door prizes (must be present to win). Caregivers can expect the day to wrap up by 3:00 p.m.



REGISTRATION

Name: _____

Address: _____

Phone: _____

Email: _____

Please indicate which VIP stations you would like us to reserve a time for you and **CIRCLE** your **top three** choices:

- | | |
|--|---|
| ☐ Reflexology | ☐ Foot massage |
| ☐ Chair massage | ☐ Meditation w/reiki |

Send registration form and \$5 to:

WCCC

c/o ADRC of Washington County

333 E Washington St, Suite 1000

West Bend WI 53095

Make checks payable to
Washington County Treasurer

Registration due by October 23, 2026.

Questions?

Contact Tammy Dickman at
the ADRC of Washington County
262-335-4497

Tammy.Dickman@washcowisco.gov

☐ I HAVE DIETARY RESTRICTIONS